

How-To: Instructional Video

Recommendations For The Design of Software Video Trainings for Production Workers

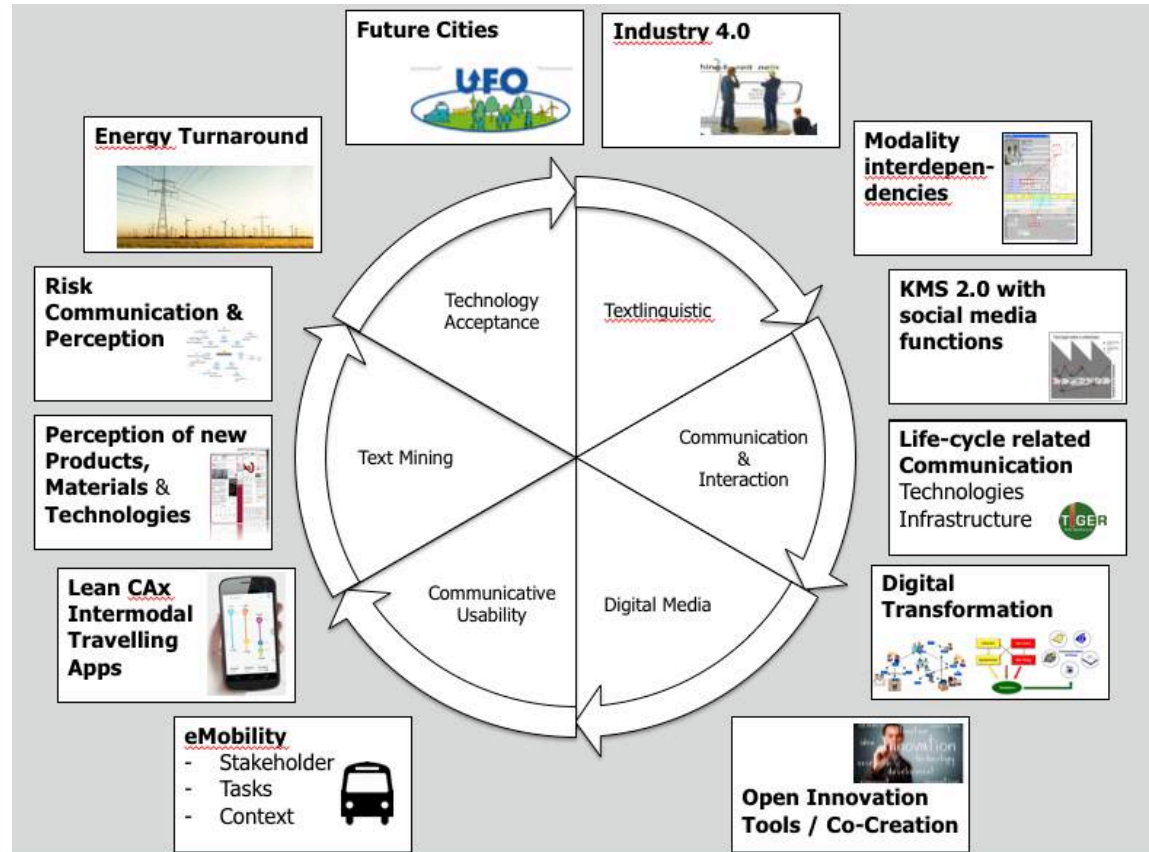
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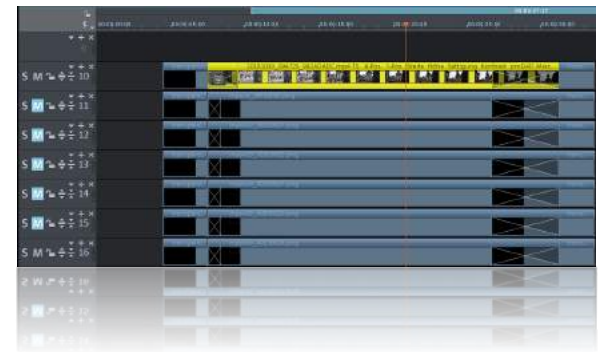
Human-Computer Interaction Center: Textlinguistics and Technical Communication



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Presentation Overview

- R&D project „WerkerLab“
 - Motivation
 - Objective
- Literature Review: Recommendations for Video Software Training with Instructional Videos
- Questions and Discussion



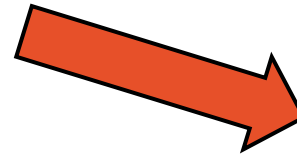
Background: Industry 4.0 and the Need for Qualification

- Industrial trends:
 - Industry 4.0
 - Increased complexity of processes
 - New requirements for workers
 - Training measures often too theoretical
 - Mastery of new trends in everyday work
 - Flexible work deployment
 - Knowledge always up-to-date

→ Realizable and individual training



- In which industrial contexts can videos be used?
- How should videos be designed?



Research Project: WerkerLab

- **Objective:** Development of a modular training concept for SMEs in the production technology environment
- Our focus: Instructional Videos



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Instructional Videos: Arguments for Use

Independence of place and time

Knowledge for recurring tasks

That is the advantage I see: tutorials really can be used at any time. **Early, late, night shift.** We have a huge effort to reach the three shifts within the shortest time. **With the videos I can really, as I said before, show it to the person at any time.** (mechanic, manufacturing company)



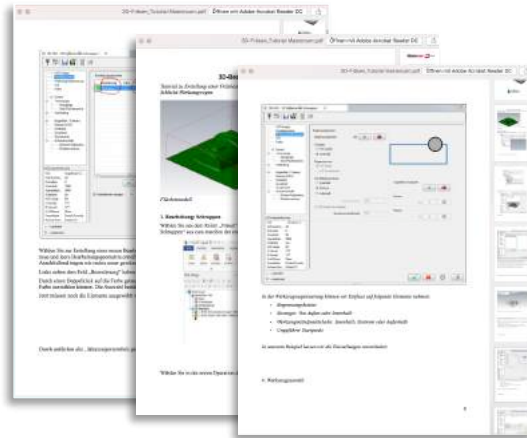
I find it a considerable advantage to **capture recurring tasks** on video. If I haven't done things for two years, then I have to learn how to do it myself. Then I **only have to click on this video and I know how it was** or how it is working. (trainer, manufacturing company)

Methodology

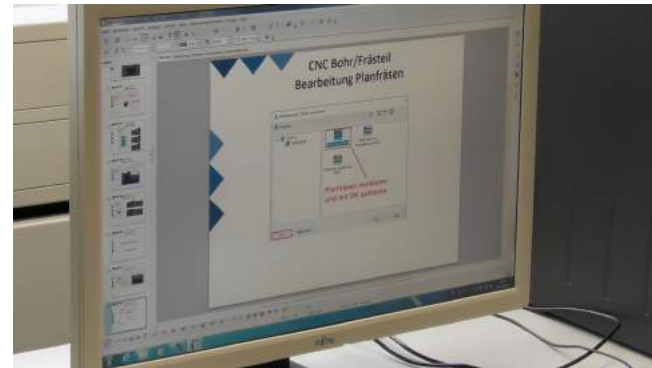
Literature Study



Document Analysis

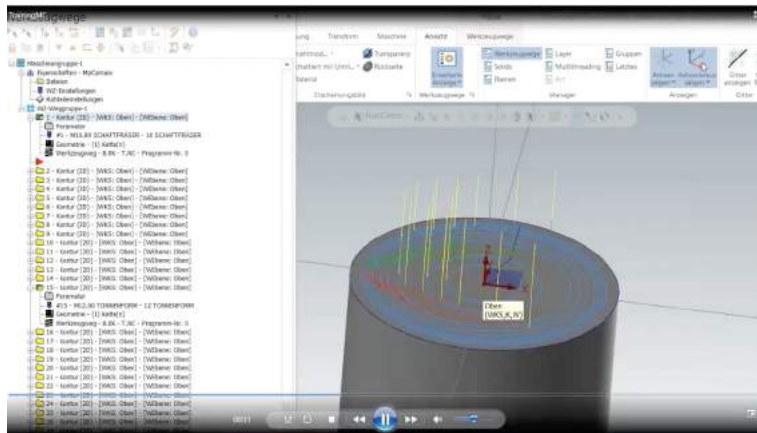


In-Depth Interviews with Experts



Instructional Videos: Design

- Design limited by:
 - The object (e.g. software product)
 - Contextual factors (domain, production sector, values and conventions, cultural-economic factors)
 - Situation-related factors (e.g. conditions of reception, access to online resources, didactic embedding)
 - Material-technical conditions and implementations
 - Addressees and their social relationships



VS.



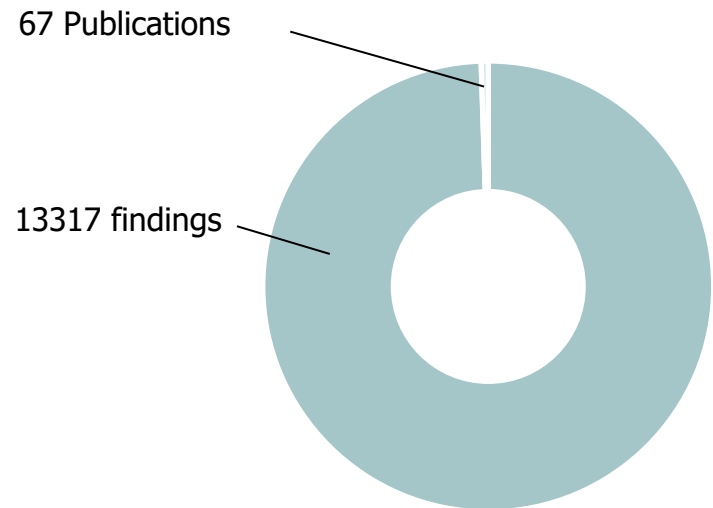
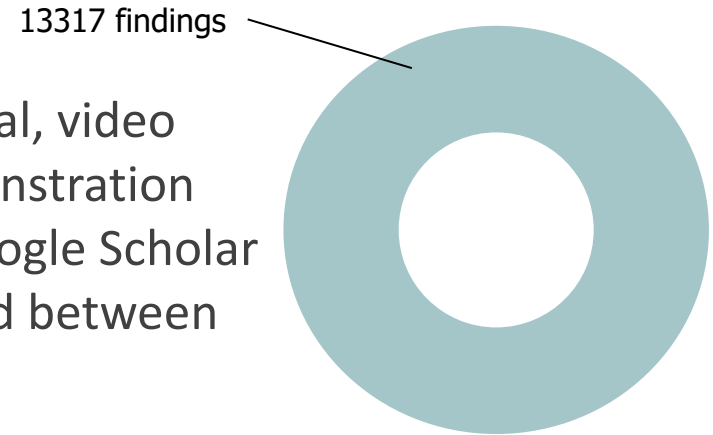
Methodology: Literature Review

Step 1: Literature Research:

- Keywords: instructional video, video tutorial, video instructions, how-to video, recorded demonstration
- Databases: Scopus, Web of knowledge, Google Scholar
- Only German and English articles published between 2004 and 2019

Step 2: Restriction to:

- Video tutorials as learning material
- Software application



Methodology: Literature Review

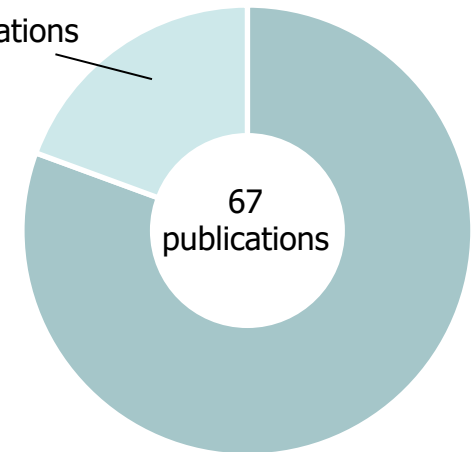
Step 3: Topic-related Selection:

- Video tutorials for software in the context of industrial production
- Guidelines for creating videos

Step 4: Categorization:

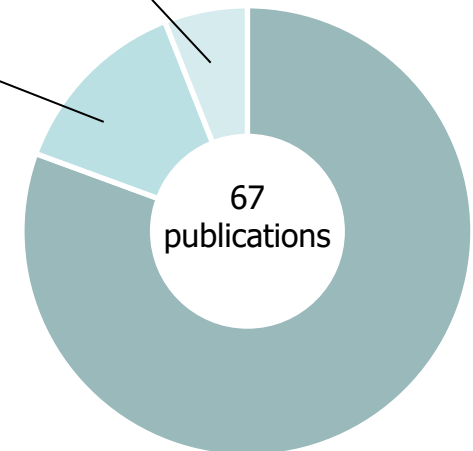
- (Case) studies on the topic
- Guidelines for creating videos

13 publications



4 guidelines

9 studies addressing particular aspects



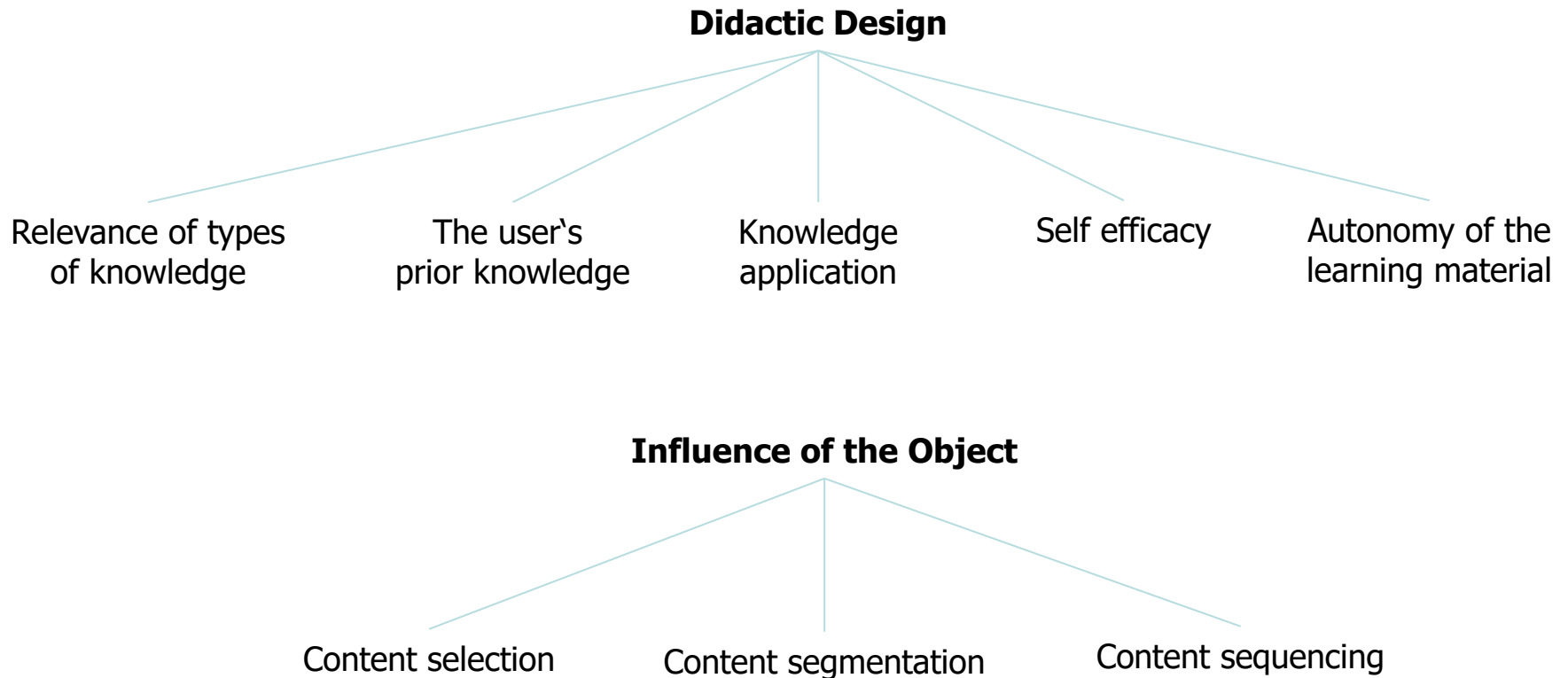
Guidelines

Title	Author	Year of publication
Eight Guidelines for the Design of Instructional Videos for Software Training	H. van der Meij; J. van der Meij	2013
Complex Software Training: Harnessing and Optimizing Video Instruction	J. Brar; H. van der Meij	2017
New Modes of Help: Best Practices for Instructional Video	J. Swarts	2012
Show Me! Guidelines for Producing Recorded Demonstrations	C. Plaisant; B. Shneiderman	2005

Studies

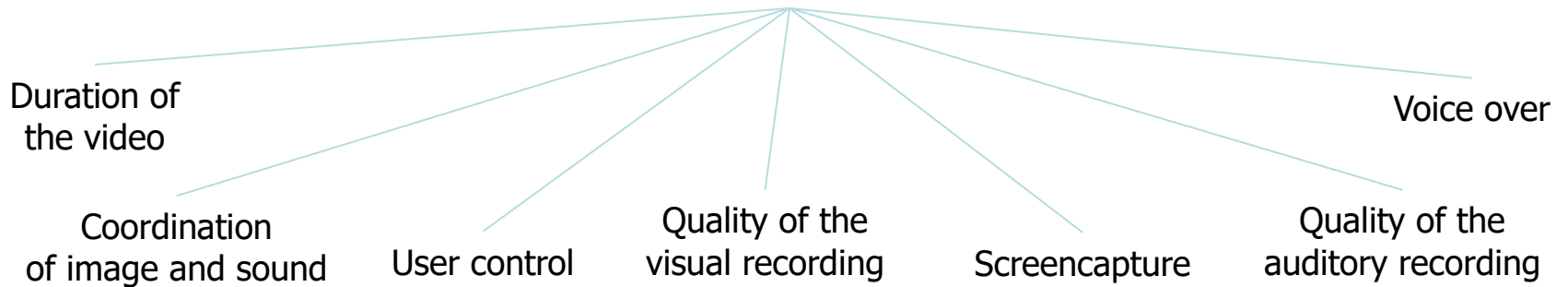
Title	Author	Year of publication
Work in Progress. Using Video Tutorials To Assist Biomedical Engineering Students in Learning Solid Modelling Skills	Amini	2014
Individualized Learning With Instructional Videos in Engineering Simulation Education	Brenner; Walter	2018
Teaching People How to Teach Robots. The Effect of Instructional Materials and Dialog Design	Cakmak; Takayama	2014
Development of Instructional Software for Demonstrating CAD,FEA Integration Best Practices	Chabura et al.	2004
How video production affects student engagement. An empirical study of MOOC videos	Guo; Kim; Rubin	2014
Multimedia support for education of mechatronics	Haffner	2018
Too long, Didn't watch it. Extracting relevant fragments from software development video tutorials	Ponzanelli et al.	2016
Developing and Testing a Video Tutorial for Software Training	van der Meij	2014
Advance organizers in videos for software training of chinese students	van der Meij	2019

Results: Category System

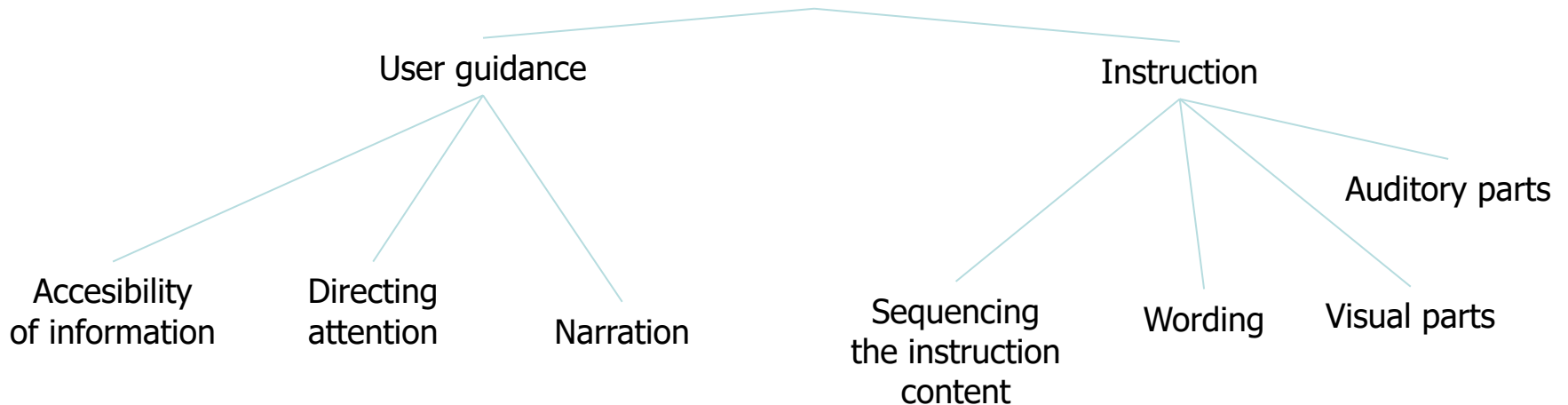


Results: Category System

Material-Technical Implementation



Linguistic-Visual Design



Instructional Videos: Design Recommendations

Didactic Design

Mainly teach procedural knowledge

Perform activities in the video
consciously and safely

Repeat important information

Using Advanced Organizers

Let knowledge apply

Influence of the object

Only content from the working
environment of the users

Only convey current contents

Dividing complex content into segments

Align sequencing in the video with the
sequence of activity steps

If not determined by object:
Simple-to-complex sequencing

 Addressed in the literature  Addressed by trainers  Addressed by workers

Instructional Videos: Design Recommendations

Didactic Design

Mainly teach procedural knowledge

Perform activities in the video

re-organize content

bring resources & organizers

Let knowledge apply

We don't want to say "Yes, yes, wait a minute but it's different with us" at every training session. And so I have the point: Now **I'm going to do a tutorial myself**, maybe based on what I already have, **but with my own people**. (mechanic, manufacturing company)

Influence of the object

Only content from the working environment of the users

Only convey current contents

Dividing complex content into segments

Align sequencing in the video with the sequence of activity steps

If not determined by object:
Simple-to-complex sequencing

■ Addressed in the literature ■ Addressed by trainers □ Addressed by workers

Instructional Videos: Design Recommendations

Material-Technical Implementation

Keep videos as short as possible

Synchronize picture and sound (sound shortly before)

Name individual segments and make them selectable
-> insert pauses, black screens

produce videos in at least 720P (vertical resolution)

Produce in high-resolution audio

Use a human voice as narrator

Use zoom effects to increase readability

Highlight the mouse cursor

Screencapture: Show interface completely

Give users the control (in the player with buttons, timeline)

Make the video overall color pleasant

Screencapture: Same software version from producer and user

 Addressed in the literature  Addressed by trainers  Addressed by workers

Instructional Videos: Design Recommendations

Material-Technical Implementation

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Use zoom effects to increase readability

Synchronize picture and sound (sound shortly before)

Name individual segments and make them selectable
-> insert pauses, black screens

Produce videos in at least 720P (vertical resolution)

Produce in high-resolution audio

Use a human voice as narrator

Yes, it also **depends on the length of the videos**. At some point, the concentration fades. So I personally do not need a video, which is 90 minutes or 60 minutes... So if the videos are then kept short - **15 minutes, I'd say as a value**. (Cutting machine operator)

Screencapture: Same software version from producer and user

■ Addressed in the literature ■ Addressed by trainers ■ Addressed by workers

Instructional Videos: Design Recommendations

Linguistic-Visual Design

Reduce speech rate

Formulate the learning objective at the beginning of the video

Give a content overview at the beginning of the video and treat this content in the video

Choose a suitable title

Use table of contents, index or keywords

Introduce the mainscreen of the interface, or the object roughly in a "preview-tour" at the beginning

Direct the user's attention (visual and auditory)

Use a functional, but personal language

Sequence in: (1) starting state, (2) solution path, (3) target state

Explain technical and foreign language expressions during the demonstration

Avoid abbreviations

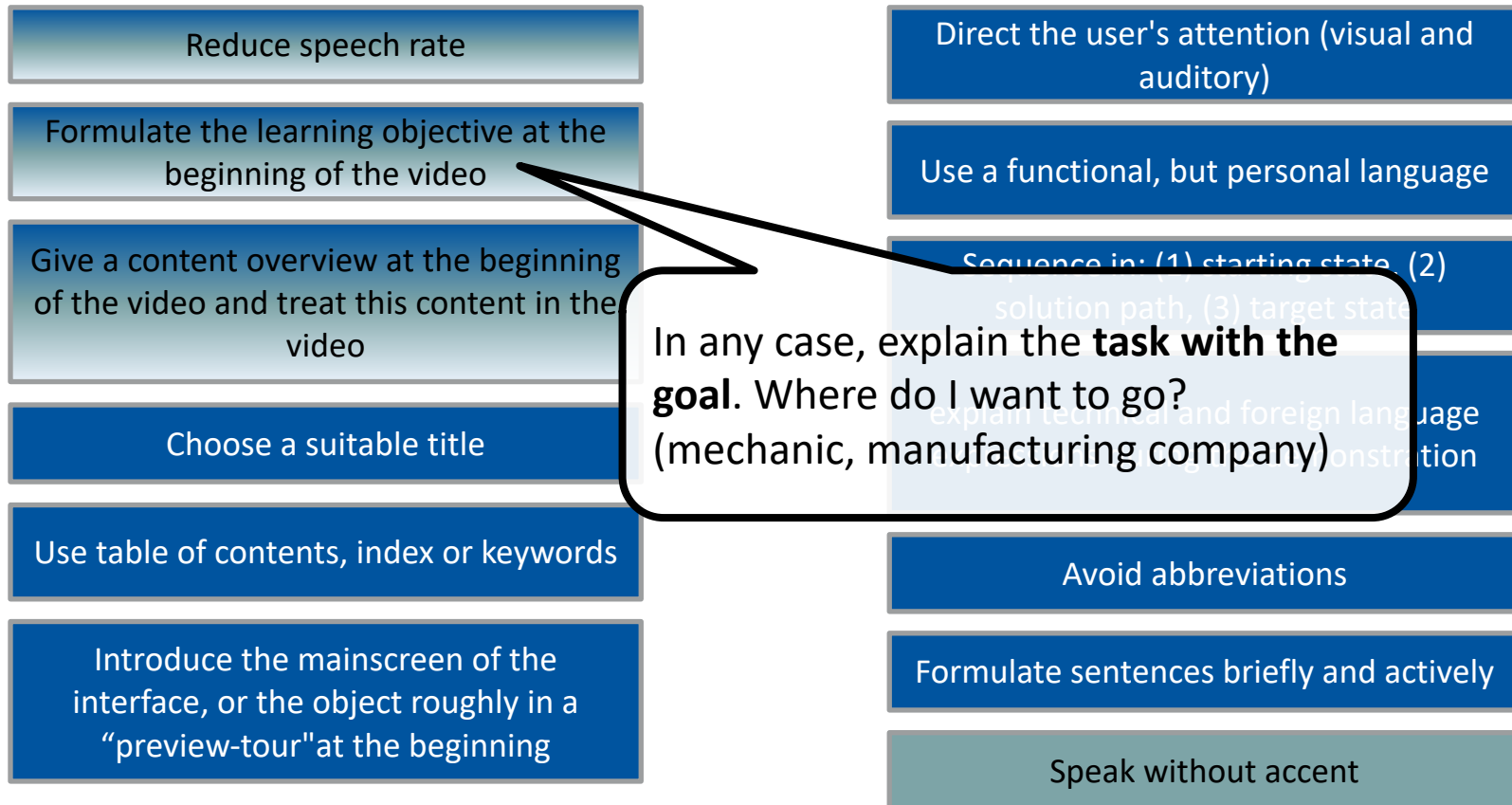
Formulate sentences briefly and actively

Speak without accent

 Addressed in the literature  Addressed by trainers  Addressed by workers

Instructional videos: design recommendations

Linguistic-visual Design



■ Addressed in the literature ■ Addressed by trainers ■ Addressed by workers

Limitations

- Recommendations are very subject-related. There may be very specific design requirements for specific software products that are not discussed
- Limited to English and German literature only
- The keyword based search has further limited the corpus

Conclusion

- Instructional videos as learning material have high potential for training software skills in industrial contexts
- Best practice + research based approaches required
- Linguistic-visual aspects rarely addressed compared to material-technical aspects
- Requirements of the experts (workers & trainers) match the recommendations in the guidelines referring to material-technical aspects
- Didactic design, influence of the object, and linguistic-visual aspects are hardly seen by experts
- Feedback from partners: criteria help to produce videos by themselves

Further study is required:

- Central aspects of the design of videos for CAD/CAM training
- Quality-relevant items (e.g., segmentation, sequencing)
- Linguistic design of the functional parts of instructional videos for CAD/CAM training



Literature & Sources

Literature:

- Jakobs/ Tandl/ Rußkamp (2019): Gut bedienbar gestaltete CAx-Nutzeroberflächen für Industrie 4.0. Eine Handreichung für Entwickler. Projektbericht zum EFRE-geförderten Forschungsprojekt Lean-CAx. Aachen: RWTH Aachen University. ISBN: 978-3-9815210-5-4
- Jakobs/ Digmayer/ Vogelsang/ Servos (2017): Not Ready for Industry 4.0: Usability of CAx Systems. In: Ahram/Falcão (Hrsg.): Advances in Intelligent Systems and Computing Series, Vol. 607: Advances in Usability and User Experience. Cham: Springer Internat., 51–62. ISBN: 978-3-319-60491-6
- H. van der Meij/ J. van der Meij (2013): Eight Guidelines for the Design of Instructional Videos for Software Training. In: Technical Communication. Vol. 60. 205-228.
- J. Brar/ H. van der Meij (2017): Complex Software Training: Harnessing and Optimizing Video Instruction. In: Computers in Human Behavior. vol. 70. 475-485.
- J. Swarts (2012): New Modes of Help: Best Practices for Instructional Video. In: Technical Communication. vol. 59. 195-206.
- C. Plaisant/ B. Shneiderman (2005): Show Me! Guidelines for Producing Recorded Demonstrations. In: Proceedings – 2005 IEEE Symposium on Visual Languages and Human-Centric Computing. 171-178.

Sources:

- Icons: flaticon.com/authors/freepik
- Photos: [shutterstock.com](https://www.shutterstock.com)

Many thanks for your attention!

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