

**GLIIM**  
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**Noninvasive Blood Glucose Monitoring**

# The Problem

- Diabetes
  - is the seventh leading cause of death in the U.S. and
  - a key factor causing serious health complications such as heart disease and kidney failure.
- The current practice of using single droplet blood glucose metering is:
  - Painful
  - Messy
  - Unsanitary
  - and
  - Not continuous!



# The Solution

Shining infrared light through the skin and measuring the amount of infrared absorbance in glucose molecules present in the blood.

**Challenge:** Infrared can also be absorbed in water, tissue, and other elements present in the blood.

**Solution:** Use of high quality sensors and emitters coupled with precise calibration of the system.

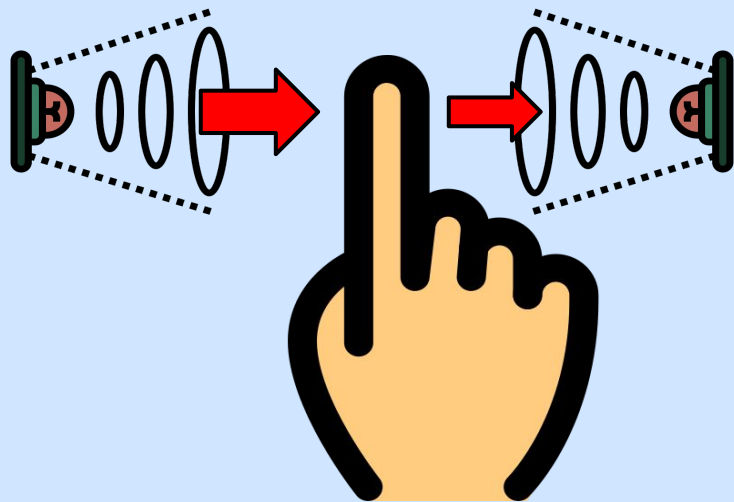


# Solution Overview

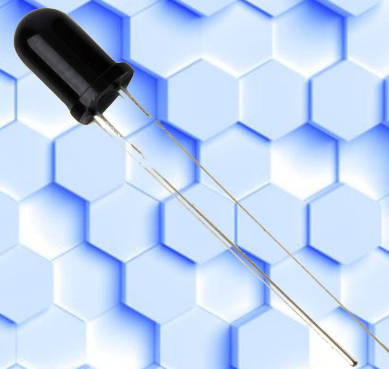
Combination of an IR emitter and IR receiver

Patient places finger between IR endpoints

IR LED      Finger      IR Photodiode



IR LED



IR Photodiode

# Solution Details

Arduino Uno microcontroller used to

- Take 1-10 K voltage reading from the IR receiver
- Convert the voltage to immittance
- Invert the immittance into absorbance
- Average the absorbance of the 1-10 K readings
- Repeat the process 10 times
- Pick the mode of the 10 readings
- Convert the selected absorbance reading to a Glucose reading using the experimentally derived equation:

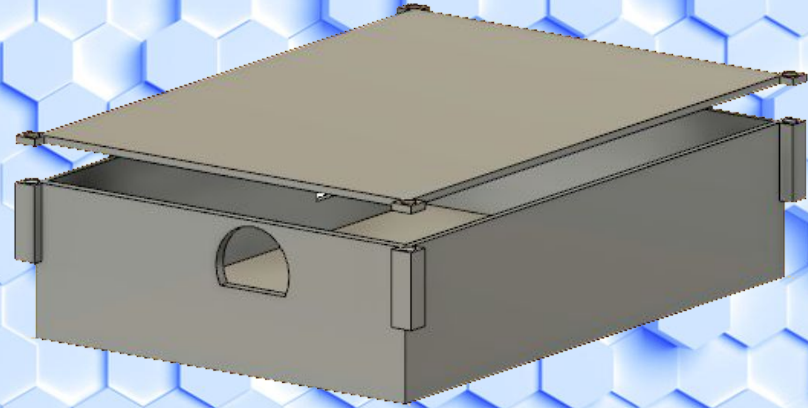
$$Glucose = \frac{Absorbance - 0.2671}{0.4665}$$



# 3D Printed Casing

Circuitry housed in a custom designed 3D-printed PLA housing

- Main Purpose:
  - Minimize outside IR interference
  - Focus the IR through the patients finger
- Added benefits
  - Low Cost
  - Portable
  - Sturdy



# Preliminary Results

- Procedures
  - Human subject was tested on both commercial glucose meter and GluMo
  - 5 consecutive measurements were taken by GluMo
  - Results were compared between the two devices
- Results
  - An average accuracy level of 99.2% with
  - 90% confidence
- Further Human Subject Testing not possible at this time due to the COVID-19 pandemic!

	Trial 1	Trial 2	Trial 3	Trial 4	Trial 5
[Blood glucose], (mg/dL)	113.42	107.92	115.31	119.10	112.48
p-value <sup>1</sup>	0.902	0.002	0.362	0.003	0.523

<sup>1</sup> p-values calculated using two-tailed z test comparing each blood glucose concentration measurement to the average measurement of 113.65mg/dL

Figure 2. Blood glucose concentration measurements and p-values from glucose meter testing.

# Future Experiment

- A complete IR spectroscopy of glucose vs water will be conducted in order to identify and select a more suitable IR wavelength
- Glucose solutions ranging from 0 to 250 mg/dL in a 25 mg/dL increment will be exposed to 4 different IR emitters with wavelengths:
  - 1450nm,
  - 1550nm,
  - 1600nm, and
  - The wavelength identified in the conducted spectroscopy

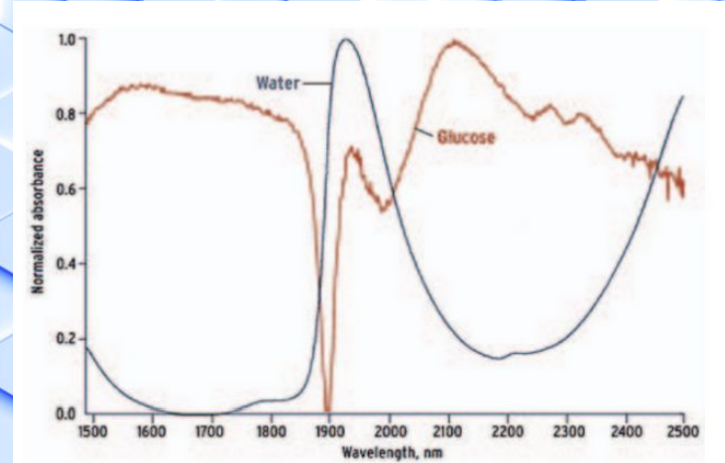


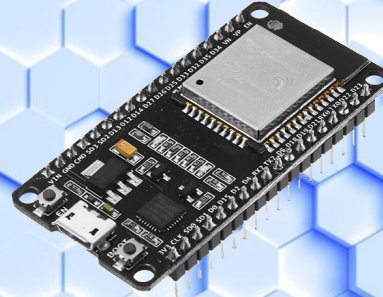
Figure 3. Water and Glucose Solution Absorbance spectra 1500nm – 2500nm. [18]

[18] Graph from paper titled: “Noninvasive blood glucose detection using near infrared sensor” by Rolamjaya Hotmartua et al. published in IEEE 2015 International Conference on Electrical Engineering and Informatics (ICEEI)



# Future Steps

- Build a pocket sized MVP
  - ESP 32
  - 3D-Printed casing
- Add a rechargeable battery and apparatus for USB charging
- Enable wireless communication
  - BLE
  - WiFi
- Develop web and mobile user applications
- Conduct human subject testing



ESP 32



Web App



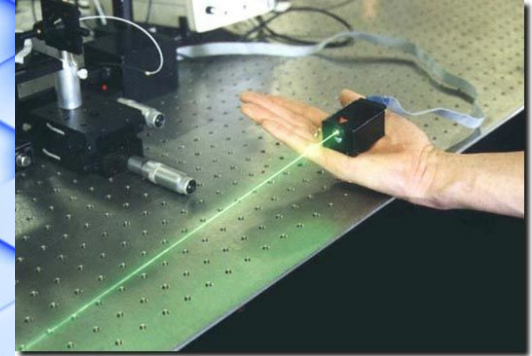
Rechargeable



Mobile App

# Long term Goals

- Utilization of an Infrared laser in place of an Infrared led
- Utilization of patches which can extract ionized particles within the sweat through the skin (in discussions with Rotex for use/repurposing of their technology)
- Continuous monitoring (in place of metering) using wearables



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